

Port Betaald



BULLETIN

BACK TO UNI

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COLOFON

Het Bulletin is een drie-maandelijks informeel blad van studievereniging Itiwana van de studie Culturele Antropologie en Ontwikkelingssociologie te Leiden.

REDACTIE

Anne van Egmond, Sanne Mulder, Wouter Keijzer en Anouk Zilverentant.

BEELDREDACTIE

Anouk Zilverentant.

AAN DIT NUMMER WERKTEN MEE

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EDITORIAL

by Anne van Egmond

The first week back at uni after an amazing summer vacation, to me it always brings along a bittersweet feeling. I'm already having major withdrawal symptoms from the sunny days with friends on a beach somewhere far away from all this rain and from not having to do anything at all. But on the other hand, I'm really excited to be back. The friends I haven't seen all summer, the new courses I'll be following and of course all the new international students who will be roaming the halls of the FSW. I can't wait to discover what this year will have to offer me and how many new faces will turn into friends.

But as I'm looking forward to the upcoming year, I have to look back as well. This magazine is a goodbye to a year in which I had the pleasure of being allowed to call myself editor-in-chief of this beautiful magazine. And what would an editor-in-chief be without an amazing team, I know I wouldn't have been able to accomplish any of this without my Bulletin committee. So with this, I want to thank you all from the bottom of my heart for helping me out with your creative and messy ideas <3. I think that the end result of all our hard work turned out to be a great accomplishment and I'm really proud of what we've created.

And to all of you as readers for supporting us as we discovered where we wanted to go with this magazine. And then lastly, to those of you who took their time to write something beautiful when we asked you to, you are amazing and you helped us out a lot!

For all of you that are new to Itiwana, I welcome you with all my heart and I hope you'll enjoy the ride which we describe as student life. In this magazine we'll introduce you to a sliver of all the fun and interesting things Itiwana and its members have to offer. We'll describe the activities that have taken place in the last months, review a series and film which we feel links to the theme of this edition and give you some easy recipes to make sure you eat well. Apart from that we also have written pieces from some of our members about their summer vacation, their experiences as a first year student, and some problems which we as Bulletin committee reacted on. And this edition would definitely not be complete without Wouter's Bullshit stories, a poem by Max or an interview about someone's student room!

The next Bulletin will be brought to you by an entirely new committee, so if you're interested in contributing to this beautiful magazine you can join in! If you have any questions for me or for our next Bulletin committee, don't hesitate to shoot us an email at bulletin@itiwana.org.

So for the last time, I wish you an amazing read!

Love,
Anne van Egmond
Editor-in-chief 2018-19

ACTIVITY REPORT

LASSA HITCHHIKING WEEKEND

by Kira Nijland

On May 17th the hitchhiking weekend started off! All the contestants learned that the hitchhiking destination was going to be ... Hannover in Germany! Some couples struggled more than others, but everyone came back with very funny stories about the people who picked them up. The first couple to arrive at the destination were Veronie and Michiel (from Djembé), which meant they won the competition! More and more people started to arrive, and it was very amusing to hear what everybody experienced. On Friday night, after everybody arrived, we had dinner and a few beers at a Greek restaurant. On Saturday, everybody took the tram into town and went shopping or sightseeing. In the evening LaSSA had organised a pub crawl, which ended at a karaoke bar. Early Sunday morning, the first contestants got out of bed and hitchhiked back to the Netherlands. It was a fantastic weekend!

ACTIVITY REPORT

CULTUUR ONTCIJFERD TENTAMENTRAINING

EDUCOM

by Wouter Keijzer

CO tentamentraining

De tweede tentamentraining die we hebben gegeven was voor het eerstejaars vak Cultuur Ontcijferd, of statistiek. Hier kwam een vrij groot aantal van de eerstejaars studenten op af en het viel ook in de smaak van wat we gehoord hebben. Wederom gaf Wouter deze training en was er vooral ruimte om vragen te stellen.

A photograph of a person sitting at a desk in a room. The person is seen from behind, wearing a patterned shirt and a plaid jacket. They are sitting on a black office chair. The room has a large window with blue curtains, a radiator, a bookshelf, and various plants. A blue jacket is hanging from the ceiling. The text 'INTERVIEW' is at the top, followed by 'Op de Bank Bij...' and 'by Anne van Egmond and Wouter Keijzer'. On the left, there is a question 'Can you tell us something about yourself?' followed by a paragraph about the person's name, age, studies, and move to Leiden.

INTERVIEW

Op de Bank Bij...

by Anne van Egmond and Wouter Keijzer

Can you tell us something about yourself?

My name's Wouter, I'm 20 years old and going into my third year of the bachelor in anthropology. I'll be in the Iti board too as the education officer, and going up and down by train for a minor in Utrecht. Oh and a few months ago I moved from a smaller city nearby to Leiden, which is great!



How is it to be living in a 'new' city?

I love it. It was definitely time to move away from my parents, so getting a room during the summer break was a blessing. The freedom I have now is awesome. And the location is amazing, too. My view is the Morspoort from inside the canals. It isn't even expensive, which surprised me the most. Living on myself made me appreciate myself a little more, as well. I have the room to get to know myself better (disappointing pun intended). My room's a mess, but I like it that way. Having housemates is also a lot of fun.

What is your favourite place or object in your room?

The couch. Definitely. I got it for free from someone who wanted to get rid of it, and it fits perfectly in my room. If I don't have to be anywhere, that's where you can find me. It's just nice to have a place to do fuck-all and be comfy doing it. My desk is also nice because it's surrounded by plants. And I can look out of the window to see the view. It's nice to sit with my feet out of the window on a hot day.

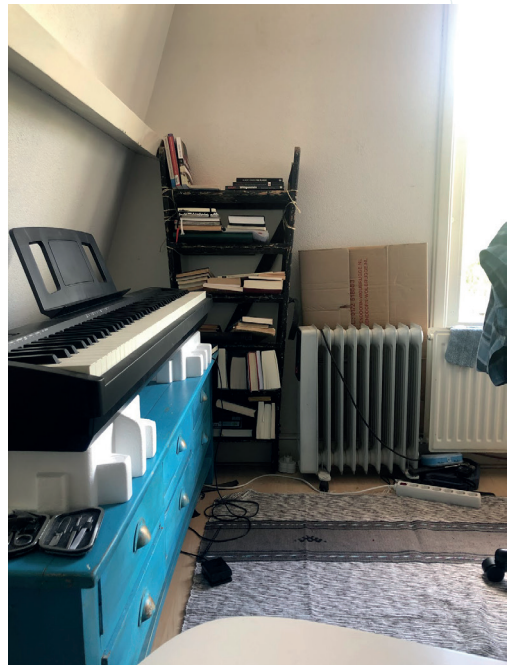
What are you gonna be doing coming year?

HELLA MUCH ITIWANA WHOOO! I didn't use to be very active, but last year I did two committees and during itiwana's trip to Morocco near the end of the year I decided to have a go at being part of the board. And now I'm reaaally excited to get to know everyone, have a lot of fun and cross the lines of

my comfort zone. So that's most of my time. And like I said before, I'll also be doing a minor called 'What is man?' in Utrecht, which is kind of a cross-over between anthropology and philosophy. I'm looking forward to that too.

Any tips for people starting out their first year?

Well, kind of the cliché things. But they're really the most important in my opinion. Be present at all lectures (or as many as possible), even when you don't feel like it. If it isn't institutionally mandatory, make it mandatory for yourself. Things get much easier if they're habits, so convince yourself it isn't an option not to go. You'll notice at the end of the course how much profit you got from always being present. Another cliché is to pay attention during the lectures. Of course, there will be plenty of really boring lectures or even full courses. But try to absorb as much information as you can, which will be easier if you like the topic. And a bit of a different tip: don't overwork yourself. Everyone can have different goals and aims in terms of desired grades, but make sure to create room for relaxing. Having some time to do nothing can be just what you need during a stressful period. Mental health and finding balance in your life should always be near or at the top of your priority list.



RECIPE

PASTA PESTO ROSSO

by Anne van Egmond

makes 2 portions

Ingredients

150 gr pasta
3 tablespoons pesto rosso (arrabiata)
1 onion
10 cherry tomatoes
1 clove of garlic
50 gr rucola
pinenuts

Instructions

1. Prepare the pasta according to the instructions on the packaging.
 2. Cut the onion into small pieces, cut the tomatoes in half or in four pieces and cut the garlic.
 3. Heat up some oil in a (wok)pan approximately 6 minutes before the pasta is done. Bake the onion and garlic and then after 3 minutes add the pinenuts and tomatoes.
 4. When the pasta is done you can combine the two pans and add in the pesto rosso.
 5. Mix it together, add some rucola and you're done. Season it to preference or add some cheese if you'd like.
- Enjoy your typical student-like food!



RECIPE

WRAPS WITH SWEET POTATO AND BEANS

by Anne van Egmond

makes 2 portions

Ingredients

5-6 wraps
2 medium-sized sweet potatoes
1 can of black beans
1 red onion
2-3 roasted bell peppers
1 clove of garlic
spiced cream cheese
1 teaspoon cumminseed
some pepper and salt

Instructions

1. Peel the sweet potatoes and cut them into small cubes. Cook them in boiling water for about 15 minutes.
2. Cut the onion into small pieces, cut the bell peppers, and shred the garlic.
3. Fry the onion 5 minutes before the potatoes are cooked and add in the bell pepper.
4. Drain the potatoes and bake them together with the onion and bell pepper. Add in the beans, garlic, cumminseed and salt and pepper.
5. Bake all the ingredients for about 2 minutes and then take the pan off the stove.
6. Spread some cream cheese onto the wraps and add the ingredients.
7. Roll the wraps and you're ready to go!



QUOTES

"Ik ben een soort slet, oh nee eigenlijk meer een hoer"

"Poller is een slet"

"Ik vermaak mezelf onwijs als andere mensen aan het huilen zijn"

houdt onwetend vinger op 'sinaas' en neemt een slok

"Huh, is dit appelsap?"

"Heeft jouw moeder een buik?"

"Pas als je de controle hebt over het leven denk je: 'wat ben ik aan het doen?'"

"Als de aarde plat was had ik je er al drie keer vanaf gegooid"

"Ik zie het voor me, is niet best"

"Mijn piemel is stiekem groter dan die van Amber, stiekem hè, ik knoop 'm op"

After a week I am completely settled in the Hok again. Board mode on. Holiday mode off. You would say. Before I start working on the financial report again, I quickly open my Whatsapp. One app group has been ongoing for three weeks. It is of my travel companions in Costa Rica. Okay then, vacation mode on for a while.

This journey took me in two, for me, new things; Central America and the "group travel" phenomenon. We booked this trip to Costa Rica without knowing what a fantastic trip was waiting for us. The first fantastic thing was the diversity of the country. In two weeks we toured the country at a rapid pace. After a 5-hour bus ride we were suddenly in a completely different landscape, which made me very aware of the diversity within the country. From the tropical Caribbean coast to the jungle and from a mountain village to the big city. Costa Rica has a lot to offer.

What was also cool to notice is that I was able to use my anthropological knowledge a little bit, even during the holidays. Because of my Caribbean studies region course, I had some knowledge I could use for interesting discussions about tourism in Costa Rica. I have done my best to speak with the real Tico's from time to time, but all you get served as a European is a plate full of Pura Vida with a huge scoop of tourism and as a dessert a sweet "Muchos gracias". We just had to deal with that. Fortunately I had a lovely bunch of people around me, who made jokes about the pumped up tropical vibe during our trip every day.

Traveling with a group of people you don't know is worth an anthropological research in itself. Everyone wants to see which way the wind blows during the first day. Suddenly four people who did not know each other started playing a card game together. All eyebrows were frowned, but more and more people dared to start a conversation or made a little joke to break that thick, thick layer of ice. After an evening with some beers and more card games, the awkwardness was gone and we mixed up the bus setting during the bus trip on day 3. If you live in each other's pockets for two weeks, you have to make the best of it. Despite the enormous differences in age and character, everyone got along so well that it was almost extraordinary. A week after returning home, we immediately organized a reunion. You have to do something against post-holiday-syndrome right?

And lastly, I have never eaten so much rice and beans in a country, the pilsner is called Pilsen, there is money with monkeys on it, they sell three-kilo chips bags and the sloths and monkeys walk over your terrace. In short, I thought Costa Rica was a really nice country to spend my summer vacation.

Unfortunately, the tropical vacation mode has to be turned off, but it will remain in my mind for a while. For the coming year, I fear.

BY VERONIE ROUSCHOP



GAAT U MAAR LIGGEN

by Wouter Keijzer, Sanne Mulder, Anne van Egmond en Anouk Zilverentant

My ex and I didn't have a clean breakup, but now he's telling his friends all kinds of untrue things about me. The issue is that we are both part of the same student association and that my friends are now also getting wrong images of me. But they're lies! What do I do?

First of all, good for you that you're done with that guy as he doesn't seem that nice of a person. Secondly, have you tried talking to him about the lies he is spreading? Maybe try to make him understand how it is making you feel and the impacts these lies are having on your social life. And it might be an idea to talk to each of your friends about it, and figure out what your ex' been telling them about you. Figure out whether they really believe those lies, even though it might be painful to hear. Find a way to convince them of what really happened, to set right those lies. And remember, as long as you know the truth and act accordingly, the people who are really there for you will know.

Hi, I really want to get a room in Leiden, but I'm having lots of trouble getting selected for a 'hospiteeravond'. I sent many messages to houses asking for new people, but I've only gotten invited to check out the house and meet the residents twice. And those times didn't go too well. So my question is how do I send a good message to the house, so that I'll get invited more often? Thanks in advance :)

Finding a room available for rent is very hard indeed as there are more students looking for a room than there are rooms. The best tip I can think of is 'be yourself, but play it up', meaning you shouldn't lie about your character but you should make it more visible and outstanding. Try to find out what kind of house you're sending an email to and base your message on that. Use snippets of their post to make a comment on in a positive manner, are they saying they have a cat? comment that you love cats and can't wait to get to know your new furry friend. Apart from that, try to make your message memorable in any way, for example by making a joke. Make it short but sweet, 10-15 sentences is plenty.

Hi Bulletin,
Given the theme of this Bulletin, I think my problem will fit in very well here. This coming academic year I have to follow statistics. However, I am terribly bad at maths, and I get a stomach ache when I think about this subject. Do you have any tips to help me through this course?
Thanks in advance!
Love, anon

We know the feeling and you're definitely not alone! I think you're playing it up in your head and it will be a lot less bad than you think it will be. Luckily our statistics courses aren't that complicated and there is plenty of extra help you can ask for. During the working groups there will be both your professor and student assistants who can help you with almost anything. Furthermore, Itiwana will organise an exam training for statistics specifically, close to the final exam (which you can join for free of course!).

Hallo iedereen, daar zijn we weer aanbeland
 Oh I'm supposed to write in English, I'll get that on the hand
 Welcome old faces, but new ones too
 How were your summers? What did you do?
 Did you discover cultural places or did you spend endless nights at the bar?
 Did you stay close by or did you go far?
 Did you make love under the stars with a dream person of choice?
 Or did you just dance surrounded by beautiful noise?
 For myself I did all of this, but I exaggerate a little...
 I bought a donkey, drove a Porsche and learnt to play the fiddle
 Okay I'll cut the crap, focus is what I need
 Uni is starting with knowledge, they will feed
 For the newcomers, don't be scared
 Itiwana is a family, that always cared
 Welcome to a year of self-exploration, hard work but mostly fun
 Pick up your pen, learn to use arguments, then it's like a loaded gun
 Be open, be kind, be what you want to be
 Love the student life, away from mom and dad, feel free
 To be honest it is not that hard at all
 But yes there might be a moment where you will fall
 You are not alone tho, we're all in this
 This family will go for your heart and we never miss
 So if you are stuck and don't know what to do
 When the exam was hard and you didn't have a clue
 We are here for all the questions, talks, laughs and cries
 We might help you turn it into bluer skies
 The last thing in this rhyme
 Please have fun to y'all and enjoy your time
 My name is Max, I just verse and go
 Thank you for you time and I'll see you at the next show

by Max Kortekaas
 @makopoeticshark

MY FIRST YEAR

BY CLAIRE VAN DEN HELDER

I'm on my way to the room where the introduction day will take place. There's a lot of people at the university. Most of them walk fast, looking straight ahead, as if they seem to know exactly where they need to be. I remember what room I need to go to, but I have no idea where it could be. Looking around me, I notice I'm probably not the only one. There's a girl just leaving the coffee bar that is part of the university, staring right at me. She seems to hesitate, as if she wants to approach me but in the end she doesn't. Others are looking around as if they are searching as well.

I remember being nervous that day, the first day of uni after such a long time. Excited too, because I would meet all these new people in a new environment. Looking back at last year I think we all learned so much. The room where the introduction day began would soon become known as the 'SWOP' room. Here we would practice conducting interviews and learn the meaning of words like 'ethnography' and 'interpretivism'. Further down the hall, 1A20, the big room with beamers that shut off whenever the subject of magic came up. Here we would also gather after a morning of chasing smells, we would sing children songs and start our soundscape. Downstairs was reserved for discussions on 'cultuur-marsixme', Pub Quizzes and setting start-ups on fire - because you only know what you need when you have destroyed it.

Soon the big building that everyone called FSW would become familiar to us, though only a little because it was so easy to get lost again. Us, because we were all going through the same thing. Most of us being new to university, not knowing anyone else in class. I think it was easier to get to know each other since we were such a small year. Working together on assignments, fieldwork and interviews. Of course, there was always an Itiwana event coming up where we could get to know each other a little better. Outside of the uni buildings and assignments. The (now bi-)monthly Iti-drinks, the gala, survival weekend and the holiday to Morocco. Not everyone went to every event but that wasn't a problem at all.

Maybe that's what I liked most about last year, having all the freedom to decide what I wanted to do. The first year really was a year where we learned a little bit of everything. To find out what is interesting to you, to find your perspective.

FILM REVIEW

HIGH SCHOOL MUSICAL

BY ANOUK ZILVERENTANT

Perhaps you have been watching educational and anthropological films to warm up for the upcoming year – to get'cha head in the game – if you will. You may even dream of making a documentary yourself one day! Learning about the discipline and the world around you through the screen is an excellent way to gain a little wisdom. But now that the year has really started, your mind will very likely be filled with loads of new knowledge and information. So, we thought we'd pick out a good film to sit back and relax to while (sort of) staying in the school spheres.

Give your brain a break and lift your spirit up with the good old High School Musical! This musical drama follows the lives of a several teenagers on an American high school – particularly on Troy Bolton (Zac Efron) whose life is torn between his passion for singing, his talent for basketball and the girl he falls in love with – the shy and smart Gabriella Montez (Vanessa Hudgens) who belongs to an entirely different social clique. But the drama truly starts when they end up battling Sharpay Evans (Ashley Tisdale) and her twin brother for lead roles in the school musical...

We are not quite sure if High School Musical accurately represents the everyday life of American high school students. It definitely touches on some topics – peer pressure, expectations, following dreams, teenage rivalry and finding love. But does anyone ever study? Are they really singing and dancing all the time? Is there truly so much drama? This review concludes that High School Musical would probably receive a low rating as anthropological documentation of high school students in America. However, we confidently rate it a 10/10 as a feel-good film filled with nostalgic bops and songs that are absolutely iconic for its era. So, get yourself a snack, turn on one (or all) High School Musical film(s) and gather some fellow anthropology students – after all, we're all in this together!

2019

AUTUMN





WOUTER'S BULLSHIT

CONFORMIST FUCKERY

BY WOUTER KEIJZER

Teachers present some relevant and some irrelevant knowledge, you learn how to do some relevant and some irrelevant things, and in the end, all that primarily functions as a means of continuing to the next stage of your life. That's mostly high school. Uni is the same, just with less uninteresting stuff. Still, it is a gateway to proceeding to the next stage - work, renting an apartment instead of a room, maybe buying a house ('hah, just kidding' -your student loans debt) - as a different person from before. That stuff is important, but already clear.

I think it might be useful to look further than that. The function of education goes beyond individual development. On a societal level, when focussing on power, the image shifts from an individual tool and perhaps a way of getting the best out of everyone, to an apparatus of control. Education is one of the most important tools to maintain and advance the current state of affairs. In itself, that holds no value judgement, because its value lies completely with the practices of educational indoctrination and the actual status quo it upholds (or the agenda being spread, though it tends to be within a limited framework of perspectives popular in society). But it is crucial that we acknowledge that even with the existence of individual teachers who promote their political worldview ('left/right indoctrination waaaah'), the structure and practices of the educational system as a whole is almost per definition shaped to continue societal structures and power relations of the status quo.

But first, concerning that ideological 'indoctrination': there is no 'ideologically neutral' education, as there will always be a selection of the available information and a certain way of presenting that selection. While some may call a relatively safe presentation 'neutral', a non-critical form of education is per definition conformist to current discourse and thus always so to the status quo. So whatever a lecturer is presenting, you will always be able to place it in a particular ideological position based on the specific presentation of information. But to generally look at what is being

taught, it's most useful to look at the national curricula of high schools; they don't just support the current state of affairs, they are the foundation of a nationally shared understanding of things. Look at Dutch history, for example. Try looking for bits that critique the country's actions, such as when the book scarcely mentions slavery, or the domination in Indonesia. Those perspectives are crucial to upholding national ideas and 'values', although they're questionable.

Besides those ideologically loaded contents of what's being taught and thus the ideological aspect of heavily influencing people's worldviews, there's an aspect of social relations. Certain characteristics of current educational practices, such as the subjugation to doing some of the most bullshit exercises because of the (contextually differing) limited room of discussion about the assignments themselves, or the constant process of being evaluated and graded by those in a (formally) higher position than you are, reinforce at least the habit of accepting hierarchy and subjugation. I can't call unquestioning obedience and total acceptance of authority for authority's sake good traits for a healthy society, nor good personal ones... unless you're panicking and your mom tells you to just hold the empty nostril shut while blowing air out your other one so that the bead flies out. Never ever question that.

And last but not least: the subliminal suggestions covert in the everyday practices of education that have to do with peoples' being. Through the constant ideological interpellation (a weird french marxist dude came up with that word) and the actions connected to the process of succeeding to the next stage of life, there is a constant reproduction of personal aims and desires which serve to sustain socio-economic structures. You set out to get a well-paying job (maybe not so applicable for anthropologists though) and to function fully within the current economic system to maximise your own success. Personal aims such as those imitate and reinforce capitalist relations of labour, for example. And to be honest, that's a deep-reaching bunch of conformist fuckery.

BLISS

BY WOUTER KEIJZER

Yet, having the freedom to be able to choose your university and to study whatever you want is nothing short of beautiful. This period in your life is full of opportunities to recreate your identity whilst creating academic things that you find at least more enjoyable than absolutely dreadful. And in that process of making assignments for university, the most precious thing to do is work on something that comes from within yourself to make it into a coherent and oh-so aesthetically pleasing entity.

I'm going to be honest, most essays or other written assignments go by mindlessly. Some are boring, maybe most, depending on whether you're interested in the subject or the essence of the assignment. The main goal is at least to pass the required grade, so you can move onto the next one, and then onto the next one, and then onto the next. Sometimes you need to accept forced creativity, which tends to taste worse. It's like high school all over again, pushing yourself to do whatever's necessary to pass, or to be okay with the result.

But once in a while there's the precious opportunity to let your unconsciousness roam free to do whatever it wants. The usual chains limiting whatever or however you write are yours to break. And if you do, and you actually have the desire to, it can be so satisfying. Both the process and the result are absolutely yours, and in those moments, there is no forced faking of your own knowledge or of confidence in whatever you're arguing, no alienation. The thing that is yours is not to be judged of value by others, since the experience and intrinsic value belongs solely to you. Others can experience it in their own ways, and judge it accordingly, such as through a standardised reference point used for grading. But other than the practical use of the grade teachers assign to it (which is not unimportant tbh, but still), their experience is meaningless. It is up to you to value what has come from within you and which you have made with passion. It is up to you to be proud of it. And do so, if it feels like the rightful thing to do.

See this text as an example. I know that to others this might seem like incoherent rambling with unnecessary jargon, written in complex sentences just to sound more intelligent in order to compensate for low confidence. And it is. But at the same time, to me, it feels like a coherent phrasing of the feeling I'm trying to express, and expressed in the language that feels most representative of those ungraspable thoughts. So who cares what other people think of it?

Well, me, because it influences how people perceive me. But it helps to think that barely anyone reads this. Anyway, it is in itself an important aim not to care about external stimulation or validation when you're content with the thing you've made. The goal is pride, isn't it? You know, seek opportunities to make something to be proud of, and opportunities to be proud of the thing. Things that used to bore the hell out of you could become a personal project if you've figured out how to make the usually oh-so boring thing something of your own. Exploit that little gap of freedom the assignment gives you and enjoy the pride that comes from it. It might just turn into bliss.



SERIE REVIEW

SEX EDUCATION

by Sanne Mulder

At first this Netflix show might sound like the course you had at elementary school that was either your favorite course or you hated it. However, do not let the title mislead you. Sex Education has all the relatable dramatic, hilarious, sad and awkward high school experiences; but with a twist.

Our main protagonist, Otis, is your typical, awkward, 'does not want too much attention' high school guy. He and his best friend Eric try to make the best out of high school. Otis' mum, however, is a sex therapist. This is a fact that Otis is quite ashamed of and nobody, except Eric, knows about this. After living with his mum for so long, Otis has quite the amount of knowledge about everything related to sex. When, on a quite normal school-day, he helps the bully of the school calm down over a more or less hours-erection due to too much viagra, he catches the attention of Maeve. She presents the idea of helping classmates figure out their sexual problems in return for money. But, Otis has his own problems as well...

Sex Education is the incredibly funny show you need in your life. When you're feeling down just put it on and after 20 minutes you will be laughing so hard you cry. A must-see!



STUDY TRIP

MOROCCO

BY ANNE VAN EGMOND

On Saturday the 25th of May around 4:30 in the morning, a group of 31 eager students gathered at Eindhoven Airport. Bags packed and tickets ready to fly off to Morocco for a week full of new influences, experiences, friends and most of all a week full of lovely Iti's! We landed in Marrakech and after a hectic check-out we found our busses and were brought to our first hostel. After settling in for a little we immediately set out to explore the bustling city we had just entered. Starting off with the local photography museum and the Jardin Majorelle. After sampling some history and culture (photography museum) and art (Jardin Majorelle) it was time for the business of the city centre. We played a game of crazy Iti to explore all aspects of social life, economic endeavors, entertainment and cuisine. The next day we were in for a fun day-trip, but not after we had visited a beautiful ethnographic museum. Then off to the Ourika Valley where we visited a local NGO, took a glance at a local Berber house and hiked up to a beautiful waterfall. After taking a quick dip in the cold water it was time to get back to Marrakech to enjoy an evening of local music and snacks. Sadly, that was all the time we had in Marrakech and so we found our way to Rabat. Here we had a lecture at the NIMAR about their relationship to Leiden University and their minor which is available to all of us. Then two representatives of the Dutch Embassy in Morocco talked to us a little about their field of work. In Rabat we had managed to arrange for all of us to sleep in host families and that was where we spent the rest of our night. The next day we attended another lecture at the NIMAR after which we had a tour of all the sights in Rabat. This tour was guided by a local youth NGO who also prepared a lovely dinner for us and a night full of music and intercultural exchange. Then on to the last city of our trip, Fez. After arriving at the hostel we went on to find the museum of wooden arts and crafts through the maze-like medina. After exploring this museum we got ready for the medina tour at night. The next day we explored the medina with a new light, literally, and the guide showed us some beautiful viewpoints. Then it was time to learn some skills ourselves and we divided ourselves into three groups to learn how to cook some typical Moroccan dishes. After exploring the city some more we ate the dishes we made together and played another fun game at the hostel. The last day of our visit to Morocco was dedicated to Chefchauen and exploring this gorgeous blue city with its historical museum. It was a trip to never forget both because of the places we visited and the people who were there, and of course don't forget the endless rounds of 'Weerwolven'.



HOROSCOPE

by Anouk Zilverentant

Aquarius

January 20 - February 18

Preparation is key! You have carefully selected the finest stationery. Notebooks, pencils, paperclips, sticky notes and even a stapler; there is not a single thing you're missing. Your new books arrived before last year even ended. But, ehm... have you opened them already? It's great you're enthusiastic but don't dwell on the aesthetic parts of studying and forget to do the actual thing!



Pisces

February 19 - March 20

Although you are filled with interests and eager to learn, you struggle a bit with the studying aspect. Don't worry, it's been a while! Maybe you just need to learn how to learn again, or you might want to try another way that works better for you. Never hesitate to ask for some help or advice!



Aries

March 21 - April 19


Admittedly, you are quite glad that university has started again. You prefer having a purpose and some structure in your life. It also means seeing your friends again, possibly meeting new people and honestly? Getting out of the house again. Keep this fresh motivation alive throughout the year and it will be a good one!



Taurus

April 20 - May 20

You have made some bold and brave choices. These will bring a sense of achievement and fulfilment as well as the burden of responsibilities and tasks. When things get a bit tough, let the motivation and inspiration that led you here in the first place fuel your fire again!



Gemini

May 21 - June 20

Studying-wise you are absolutely killing it. With neat overviews of what needs to be done and tight schedules and planning, you are on top of all the work and achieving great results. Keep on going, but don't forget to give yourself a little break every now and then too, you deserve it!

Cancer

June 21 - July 22

Procrastination and distraction are your keywords. While working on improving yourself and trying to exchange bad habits for good ones, also ask yourself what the root cause of these problems might be. Are you enjoying the things you do, is your life going in the direction you want?

Leo

July 23 - August 22

So far you have been able to get by with your laid back, low effort methods. But things are becoming a bit more challenging and serious, so you might want to change something about your ways! With just a little extra bit of effort and hard work you will be able to get through this year just fine too.

Virgo

August 23 - September 22

After being quite a bit lost for a while, you will start finding yourself again. Break free from the fears that have been holding you back for so long and chase after the dreams that lie deep within your heart. Trust your intuition to lead you to your talents and passions.

Libra

September 23 - October 22

You tend to overthink and question whether you made the right choice. There is only one way to find out: just go fully into it. Remember, this one choice will not determine the rest of your life. You have the power to turn it in the right direction and to make it work! As long as you realize that, everything will end up perfectly fine.

Scorpio

October 23 - November 21

The upcoming year will be a bit more challenging for you than you expected it to be beforehand. Although this might scare you and discourage at first, you can absolutely do it. Put in that extra effort and face the challenges and you will get there!

Sagittarius

November 22 - December 21

Adventure is on the way! New surroundings, new people and new experiences will teach you more about life than school ever could. But while you're discovering this new world, don't forget to dedicate at least some time to studying.

Capricorn

December 22 - January 19

You are on a roll! Everything just seems to come naturally to you at the moment; studying, social life, job and career opportunities... While you are in this flow, don't underestimate all the hard work that is at the base of this all. Your current success is the result of your past efforts!

ACTIVITY REPORTS

ACTICOM

BY JULIA UITMAN

SJONNIE & ANITA PARTY

Sjonnie & Anita party April 25th 2019 11pm-4am
COC De Kroon

Members could choose between 4 party themes and chose Sjonnie & Anita, where the dresscode was all about sexy clothes and animal prints. The interior of De Kroon was fully decorated with colourful balloons and flags. People could take group photos in the photocorner where the photocommission had made a set where people could pose with all kinds of fun attributes. People really enjoyed the drinks, especially the 3 for 5 euros shots. The DJ played a lot of guilty pleasure music and most people danced until the end.

FLOWER POWER FINAL PARTY

Flower power final party June 13th 11pm-4am COC
De Kroon

Everything was decorated with balloons, posters and signs. People were dressed as real 70's hippies and wore wigs and jewelry. In the beginning it seemed to be one of our more quiet parties, but then everyone arrived at once. That's when the DJ began to play more popular songs and drew everyone to the dancefloor. People could take photos at the photobooth with all kinds of attributes. Eventually, the party ended at 4:30am, because people just couldn't get enough.

BEERHUNT

Beerhunt May 9th 2019 8pm-10pm several pubs
in Leiden

Although there weren't many applications we still had a great time. 2 members of the Activity commission and the LAMM were sitting in a pub somewhere in the centre of Leiden and then groups of people had to solve a riddle that had something to do with the pub they were supposed to go next. The duo that arrived at our final pub could win a pitcher. So with a small fun group of it's, a little rain and a lot of expensive beers, we could say that this collaboration with the LAMM was successful in the end.

TEACHERS AND STUDENTS BBQ

Teachers and students BBQ June 25th 6pm-9pm
grassfield near FSW

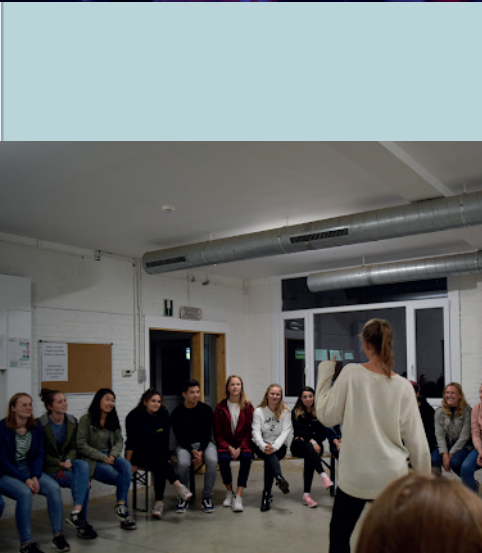
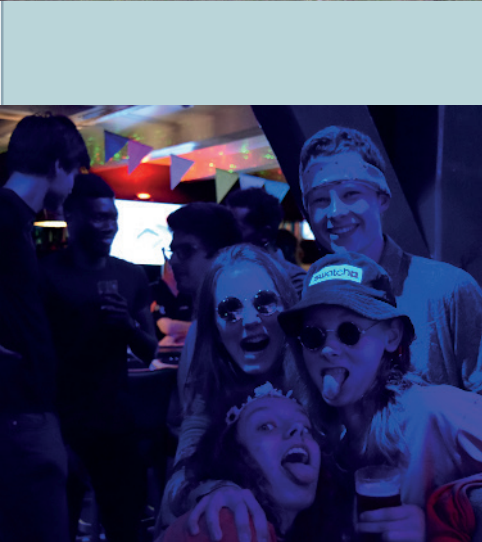
The weather was really nice, so it was the perfect day for a BBQ. There was enough food for everyone, there were bread and dips, hamburgers, chickensaté, vegetarian hamburgers, all kinds of vegetables and soda and beer. We sat on rugs at the grassfield next to the FSW and luckily for us, it didn't rain that evening. The Acticom bought some disposable barbecues and it took a while to get them to work, but eventually they worked pretty well and everyone had enough to eat. From tricky barbecues to a lot of vegetable cutting and annoying seagulls, it was a successful activity.

PRE-DRINKS DINNER

Pre-drinks dinner September 4th 7pm-8pm room
5A47 FSW

To begin with, FREE PIZZA. Those last two words brought 80 people to the FSW for dinner before the first drinks of the year. It was the perfect moment to socialize with CADS students from all years and to eat delicious meat, vegetarian or vegan pizzas. After the dinner, the conversations could be continued at the bi-monthly drinks in Studio de Veste. It was really amazing that so many people came and this activity is definitely a must for next year.







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